

WINTER-SPRING 2016 ACTIVITY CALENDAR

SPECIAL NEEDS RECREATION PROGRAM CITY OF COCONUT CREEK

- ◆ Programs led by a Certified Therapeutic Recreation Specialist
- ◆ Programs for ages 3 to seniors (including Creative Movement, Creative Arts Drum Circle, Nature Walks, Gardening and Adaptive Sports)



**COCONUT CREEK
COMMUNITY CENTER**
1100 Lyons Road
Coconut Creek, FL 33063
Angela Alvarez, CTRS
Phone: (954) 545-6670
Fax: (954) 968-5303
www.coconutcreek.net

CLASSES * EVENTS * SOCIAL NIGHTS



SPECIAL NEEDS RECREATION PROGRAM OVERVIEW

The City of Coconut Creek's Special Needs Recreation Program strives to provide programming that meets the needs of the community in order to foster an environment where all are welcomed. The Parks and Recreation Department strives to provide structured, safe, educational, customer-oriented leisure programs that will ultimately improve the quality of life of members of the community. It is by engaging in meaningful and purposeful recreational activities that participants can achieve a sense of fulfillment, empowerment, and belonging.

We continually aim to provide classes/programs that best fit the needs of all participants. It is our goal to empower participants to be valued and active members of the community by making choices, being supported in daily life, and having opportunities to grow and live their life to their fullest potential.

SPECIAL NEEDS CLASSES

CREATIVE MOVEMENT

Learn the joy of dancing in a fun, supportive, and interactive environment. Explore locomotor skills, enhance self-esteem and self-confidence, and facilitate social interaction through adaptive creative dance.

Session I: (ages 18+) Mondays, from 7:15 PM to 8:00 PM

Session II: (ages 3 to 6) Saturdays, from 9:30 AM to 10:15 AM

Session III: (ages 7 to 17) Saturdays, from 11:00 AM to 11:45 AM

*Session fee: \$15 for Coconut Creek residents with photo ID as proof of residency / \$20 for non-residents

CREATIVE ARTS

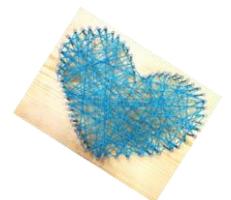
Develop fine motor skills and promote creative thinking, self-esteem, self-confidence, and social interaction in a fun and supportive environment. Guidance and adaptive techniques provided as needed

Session I: (ages 3 to 6) Thursdays, from 4:00 PM to 4:45 PM

Session II: (ages 7 to 6) Wednesdays, from 4:30 PM to 5:15 PM

Session III: (ages 18+) Wednesdays, from 10:00 AM to 10:45 AM

*Session fee: \$15 for Coconut Creek residents with photo ID as proof of residency / \$20 for non-residents



CIRCLE OF RHYTHM

Express yourself through music! Program offers time for socialization, self-expression, and fun. Participants will learn and explore fine motor skills, eye-hand coordination, enhance self-esteem, and self-confidence through adaptive drumming/percussion instrument.

Session I: Thursdays, from 6:30 PM to 7:15 PM

*Session fee: \$15 for Coconut Creek residents with photo ID as proof of residency / \$20 for non-residents



SPECIAL EVENTS

SATURDAY, APRIL 2 2016-KITE FLIGHT FOR AUTISM AWARENESS

Participants will have the opportunity to build a personalized kite to celebrate autism awareness while enjoying the many benefits of being outdoors. Special guest speakers will address occupational therapy's role in helping young children and adults living with an autism spectrum disorder.

Program Date: Saturday , April 2, 2016

Time: 10:00 AM- 12:00 PM

Location: Coconut Creek Community Center



SATURDAY, MAY 7 2016- GRAND OPENING OF THE ACCESSIBLE BUTTERFLY GARDEN

This program will provide accessible and inclusive gardening activities including flower planting, garden care, stone painting, terrarium crafts, and outdoor activities for individuals with special needs.

Date: Saturday , May 7, 2016

Time: 10:00 AM- 12:00 PM

Location: Coconut Creek Community Center



Coming Soon!

SPECIAL NEEDS SPORTS-RELATED PROGRAMS SUCH AS: SOCCER, BASKETBALL, AND BASEBALL (SUMMER 2016)

AUTISM MOVEMENT THERAPY DANCE CLASS (SUMMER 2016)

SOCIAL NIGHTS ACTIVITIES INCLUDING BOARD GAMES, ARTS AND CRAFTS, DANCES, POTLUCK, AND MANY MORE (FALL 2016)